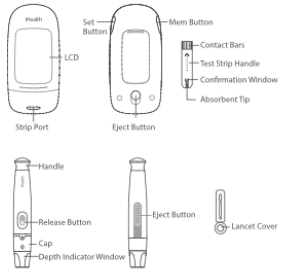


iHealth Quick Start Guide

Acacia Blood Glucose Monitoring System

Items Overview



When testing in different environments, the iHealth Acacia Blood Glucose Meter and Test Strip should be placed in the same measurement environment 59°F–104°F (10°C–40°C) for at least 30 minutes before measuring.

Install the Battery



- Open the battery cover.
- Insert two "AAA" batteries.
- Place the battery cover back on the meter.

Time and Date Setup



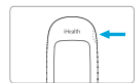
Press the Set button for two seconds to enter the setting mode.



With the year display flashing, press the Mem button to cycle through the year values.



Press the Set button to lock in your choice and proceed to the next setting screen. The order of setting is "Year/Month/Day/ Hour/Minute".



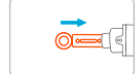
The remaining settings (Memory Deletion and Alarm) are optional. Press and hold the Set button to skip through them.

For more detailed instructions, please refer to the Instruction Manual. If new batteries are installed, the time and date should be reset.

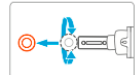
Prepare the Lancing Device



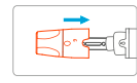
Remove the cap



Insert a lancet



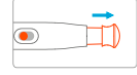
Twist the lancet cover off (Do not discard the lancet cap.)



Place the cap back on



Adjust the puncture depth (Recommend starting with level 4.)
1–3 for soft skin
4–6 for normal skin
7–9 for thick/rough skin



Pull the handle until it clicks (A red indicator will appear at the release button.)

Prepare to Measure



Wash your hands with warm, soapy water and dry thoroughly. (If you use an alcohol pad, ensure that the puncture site is completely dry prior to obtaining a sample.)



Shake your hands to encourage blood flow to your fingertips.

Insert the Test Strip



Insert a test strip with the arrow facing the meter.



The blood drop symbol "⦿" will flash when the strip is properly inserted.



Press the release button to obtain a blood sample.



Hold the meter at a slight angle to naturally draw in the blood sample.

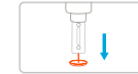


Wait 5 seconds for the result to appear on the meter.

Discard the Used Test Strip and Lancet



Push the strip eject button on the back of the device to remove the test strip.



Remove the lancing device cap and insert the needle into the lancet cover.



Push the eject button slightly to discard the lancet.